

Combating *Fear & Anxiety* *Biblically* (So you can thrive!)



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Combating Fearful and Anxiety Biblically

And those who know Your name will put their trust in You; For You, LORD, have not forsaken those who seek You. Psalm 9:10

O LORD my God, in You I put my trust; Save me from all those who persecute me. Psalm 7:1

But let all those rejoice who put their trust in You; Let them ever shout for joy, because You defend them; Let those also who love Your name be joyful in You. Psalm 5:11

The LORD is my rock and my fortress and my deliverer; My God, my strength, in whom I will trust; My shield and the horn of my salvation, my stronghold. Psalm 18:2

As for God, His way is perfect; the word of the LORD is proven; He is a shield to all who trust in Him. Psalm 18:30

Commit your way to the LORD, Trust also in Him, And He shall bring it to pass. Psalm 37:5

But when I am afraid, I will put my trust in you. I praise God for what he has promised. I trust in God, so why should I be afraid? What can mere mortals do to me? Psalm 56:3,4

In God I have put my trust; I will not be afraid. What can man do to me? Psalm 56:11

All you who fear the LORD, trust the LORD! He is your helper and your shield. Psalm 115:11

It is better to trust in the LORD than to put confidence in man. Psalm 118:8

Cause me to hear Your lovingkindness in the morning, For in You do I trust; Cause me to know the way in which I should walk, For I lift up my soul to You. Psalm 143:8

Don't put your confidence in powerful people; there is no help for you there. Psalm 146:3

Trust in the LORD with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, And He shall direct your paths. Prov. 3:5,6

Every word of God is pure; He is a shield to those who put their trust in Him. Prov. 30:5

Command those who are rich in this present age not to be haughty, nor to trust in uncertain riches but in the living God, who gives us richly all things to enjoy. 1 Timothy 6:17

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. Phil. 4:6,7

"Be strong and of good courage, do not fear nor be afraid of them; for the LORD your God, He is the One who goes with you. He will not leave you nor forsake you." Deut. 31:6

"Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the LORD your God is with you wherever you go." Joshua 1:9

The LORD is my light and my salvation; Whom shall I fear? The LORD is the strength of my life; Of whom shall I be afraid? Psalm 27:1

Do not tremble; do not be afraid. Did I not proclaim my purposes for you long ago? You are my witnesses—is there any other God? No! There is no other Rock—not one!" Isaiah 44:8

"I, yes I, am the one who comforts you. So why are you afraid of mere humans, who wither like the grass and disappear? Isaiah 51:12

"Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid. John 14:27

But even if you should suffer for righteousness' sake, you are blessed. "And do not be afraid of their threats, nor be troubled." 1 Peter 3:14

No weapon that is formed against you shall prosper; and every tongue that shall rise against you in judgment you shall condemn. This is the heritage of the servants of the LORD, and their righteousness is of me, says the LORD. Isaiah 54:17